


MARYLAND WIC PROGRAM

Howard County Health Department

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WIC Director
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FARMER'S MARKET

- Howard County WIC distributes FM vouchers at the East Columbia Library every Thursdays from 2 -5pm until Sept. 12
- each booklet is worth \$30.00
- To increase redemption, participant are given incentives like salad bowls, bags, etc. when they purchase produce at the FM location on the same day
- Up to date, WIC has distributed about 183 booklets at the FM.

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WIC IN ACTION



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WHO CAN GET WIC



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FARMER'S MARKET



- last day to use vouchers is Nov. 30th.

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Breastfeeding Month

- Theme: Empower Parents, Enable Breastfeeding. Now and for the future
- Come celebrate Maryland Breastfeeding Month and Black Breastfeeding Week with us, by attending this documentary screening on the racial divide in breastfeeding.
- What: Chocolate Milk Documentary (screening)
- When: Thursday, August 29, 2019
- Where: WIC Training Center, 5503A Ritchie Highway, Brooklyn Park, 21225
- Sign Up: <https://apl.mdwic.org/chocolatemilkdocumentary>

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HOWARD COUNTY WIC ACTIVITIES



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BREASTFEEDING MONTH ACTIVITIES

- BF celebrations
- Aug. 30: North Laurel WIC office, 10-12n
- Sept. .7: Columbia WIC office, 10 -12n

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